

Adults and Health Select Committee Annex 1 Discharge to Assess data

Jan 24

(updated from the D2A evaluation completed in May 2023)

At the centre of D2A is the patient, the carer and the family which cannot be overstated and is reflected in the commitment that Surrey Heartlands presents through Home First principles.

Scope: The following slide deck sets out the Surrey Heartlands Discharge to Assess data from January 2023 to December 2023 and data from 2020 to 2022 on a few of the slides for comparative purposes.






Two core assumptions stand at heart of D2A:

- Reducing the time people spend in hospital is best for patients and for the NHS, As it improves people's health outcome and increases the availability of beds in hospitals for those who need this care.
- Assessing people in their usual environment (e.g. at home) is preferable to assessing people in hospital.






Limits: The limitation of this data pack includes a lack of clear data to firmly support a robust review process. This is due to different organisations that are involved in the Discharge to Assess process using differing reporting systems and reporting data at different times. It is also important to note that any outputs do not purely reflect Discharge to Assess as the pathways are multifaceted and are dependent on other programmes contributing and influencing outcomes.

Acute Discharge Performance Length of Stay

Across the Integrated Care System Surrey Heartlands has seen 8% rise in population growth since 19/20 and a 7% decrease in unplanned admissions

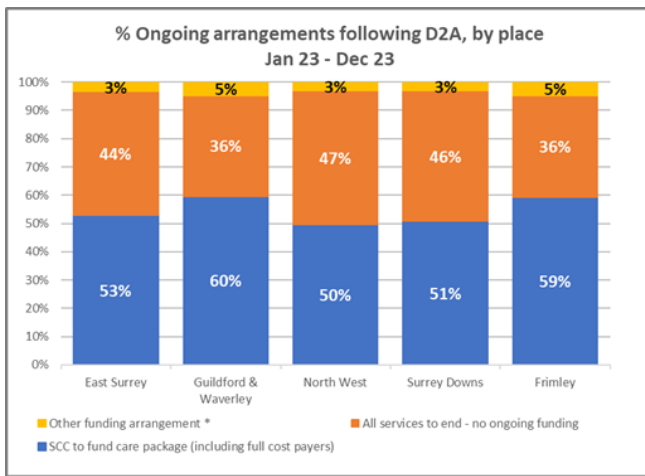
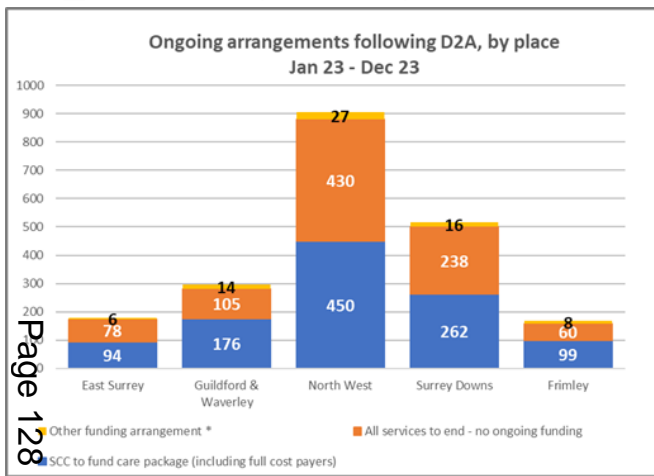
	2019/20	2020/21	2021/22	2022/23	2023/24 (FOT)	Variance 19/30 to 23/24	Annual Total Trend Line 19/20 - 22/23
Non Elective Admissions	39467	34598	42958	37271	36695	-7%	
NHS East Surrey CCG	6242	5344	6043	5312	5766	-8%	
NHS Guildford and Waverley CCG	8702	8077	11428	9040	9261	6%	
NHS North West Surrey CCG	12246	11301	15436	14546	13509	10%	
NHS Surrey Downs CCG	12275	9876	10051	8373	8159	-34%	

Overall, the average time a person spends in hospital has decreased by 4%.

	2019/20	2020/21	2021/22	2022/23	2023/24 (FOT)	Variance 19/30 to 23/24	Annual Total Trend Line 19/20 - 22/23
Average Length of Stay	8.03	6.48	7.17	7.89	7.73	-4%	
NHS East Surrey CCG	9.03	7.39	8.64	9.92	9.40	4%	
NHS Guildford and Waverley CCG	7.33	6.01	6.49	8.16	7.56	3%	
NHS North West Surrey CCG	8.71	6.55	6.37	5.73	5.80	-33%	
NHS Surrey Downs CCG	7.35	6.34	8.27	10.19	9.98	36%	

NB: Length of stay is the calculated length of time from admission to discharge

D2A Activity



Page 128

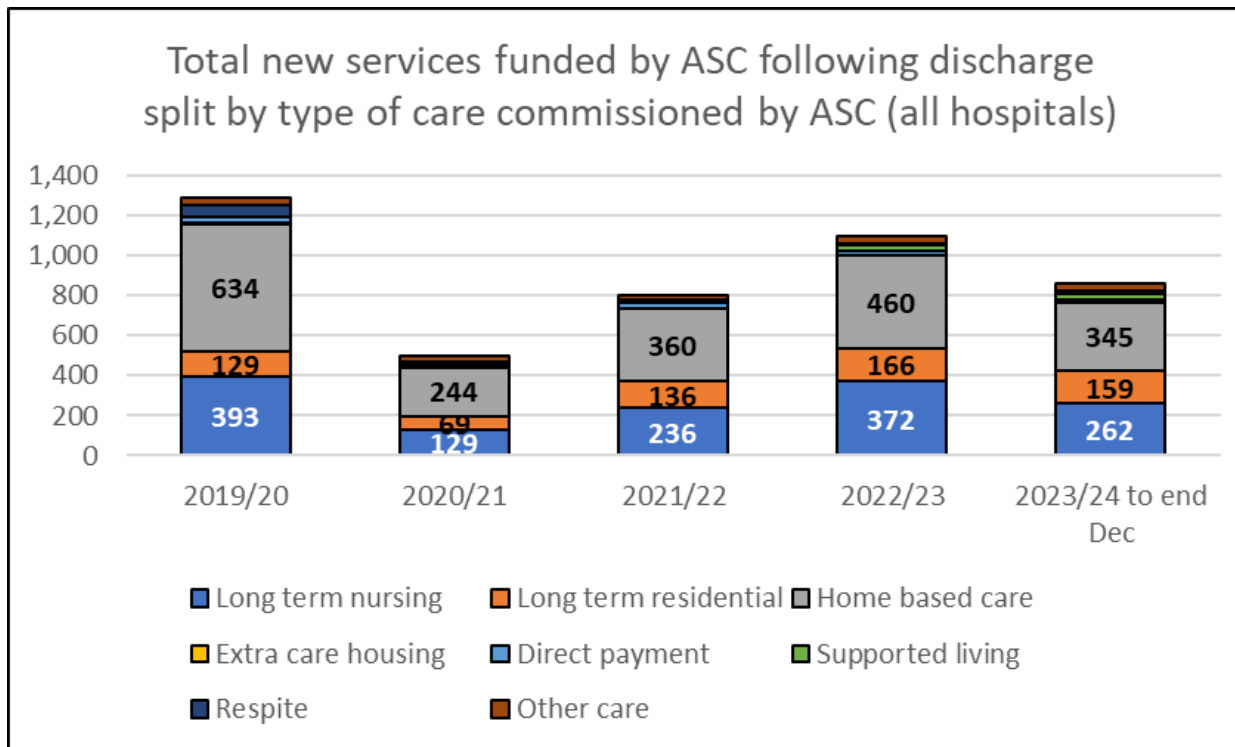
- Data Includes all completed Discharge to Assess forms for discharges for the 12-month period between Jan 23 and Dec 23.
- In the last 12 months, 44% of discharges were for NW, 25% for Surrey Downs, 14% for Guildford and Waverley, 9% for East and 8% for Frimley.
- A larger proportion of discharges onto Discharge to Assess in NW Surrey (47%) and Surrey Downs (46%) resulted in people not requiring any ongoing care.

Ongoing Funding Arrangement	East Surrey		Guildford & Waverley		North West Surrey		Surrey Downs		Frimley		Grand Total	
	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%
All services to end - no ongoing funding	78	44%	105	36%	430	47%	238	46%	60	36%	911	44%
SCC to fund care package (including full cost payers)	94	53%	176	60%	450	50%	262	51%	99	59%	1081	52%
The person will self fund their care package	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Other funding arrangement *	6	3%	14	5%	27	3%	16	3%	8	5%	71	3%
Total	178	100%	295	100%	907	100%	516	100%	167	100%	2063	100%

* Other funding arrangements include joint funding with SCC and Health, CHC, delirium, non-weight-bearing and S117

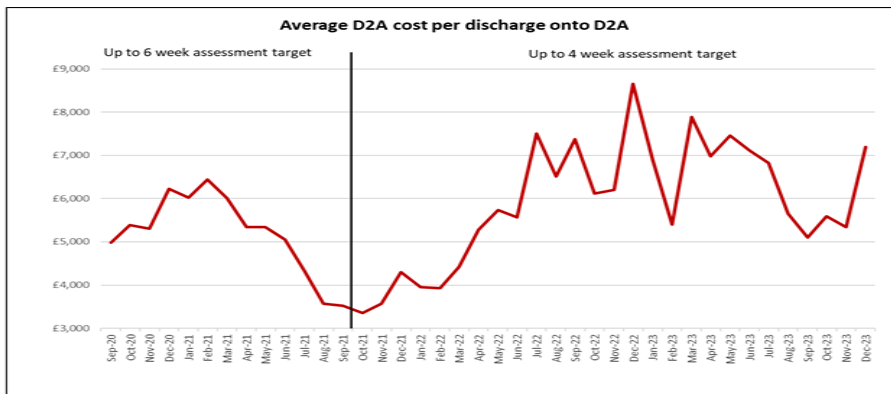
ICP	Pathway 1 D2A Discharges		Pathway 2 D2A Discharges		Total D2A Discharges	
	Total	Avg duration (days)	Total	Avg duration (days)	Total	Avg duration (days)
North West Surrey	518	28.8	388	52.5	906	39.0
Surrey Downs	423	23.7	78	32.5	501	25.0
Guildford & Waverley	165	30.6	116	47.5	281	37.6
Frimley	90	33.7	70	46.2	160	39.1
East Surrey	95	24.3	77	43.1	172	32.8
Grand Total	1291	27.3	729	47.9	2020	34.8

- Data is based on completed Hospital Discharge Forms completed between Jan 2023 and Dec 2023.
- Average duration for Discharge to Assess Pathway 1 package is 27.3 days.
- Average duration for Discharge to Assess Pathway 2 package is 47.9 days.
- Surrey Downs has the shortest overall duration for all completed packages at 25 days.
- Surrey Downs and East Surrey had an average duration for Pathway 1 discharges of under 28 days. Pathway 2 discharges were all over 28 days.



The above data suggests new services for patients funded by Adult Social Care largely require home-based care services.

D2A 23-24 Budget and 22-23 Spend

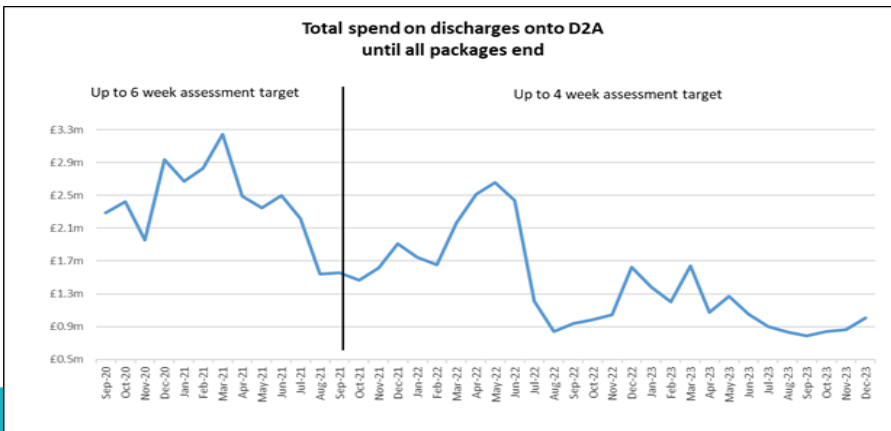


Following an increase in spend for the first quarter in April-June 2022, both spend and discharges have reduced significantly, which is under review.

However, the average cost per package has increased, predominantly due to underutilisation of the care home and home care block arrangements which is now improving.

There has been an improvement in average cost since August bringing it closer to the April-June 2022 average.

The cost shown is the total cost per month of care packages (excludes staffing costs) and includes overrun costs as well as costs up to 4 weeks post discharge.



Discharge expenditure beyond 4 weeks

Discharge month (from when 4 week target started)	Estimated total spent until all packages end	Estimated total spend over 4 weeks from discharge date	% of expenditure more than 4 weeks after discharge
Total scheme 2	£15.89m	£7.79m	49%
Apr-22	£2.52m	£1.19m	47%
May-22	£2.66m	£1.30m	49%
Jun-22	£2.44m	£1.27m	52%
Jul-22	£1.21m	£0.44m	36%
Aug-22	£0.84m	£0.06m	7%
Sep-22	£0.94m	£0.11m	12%
Oct-22	£0.98m	£0.16m	17%
Nov-22	£1.04m	£0.18m	17%
Dec-22	£1.63m	£0.60m	37%
Jan-23	£1.38m	£0.50m	36%
Feb-23	£1.20m	£0.28m	24%
Mar-23	£1.64m	£0.71m	44%
Apr-23	£1.07m	£0.33m	31%
May-23	£1.27m	£0.44m	35%
Jun-23	£1.05m	£0.31m	30%
Jul-23	£0.90m	£0.22m	25%
Aug-23	£0.84m	£0.13m	15%
Sep-23	£0.79m	£0.11m	14%
Oct-23	£0.84m	£0.03m	4%
Total scheme 3	£25.23m	£8.39m	33%

Spend for people that have been on a Discharge to Assess pathway for more than 4 weeks has been a significant issue and accounted for almost 50% of the total prior to July 2022.

Since July 22 this position seems to have improved significantly, with overall spend over 4 weeks in the last 12 months at 26%.

It should be noted that for the later months more packages remain open, and therefore there may be some increase to the proportion of spend over 4 weeks. October looks particularly low; however, a number of packages were still open at period end and therefore this will increase to some extent.

Financial Summary 2023-24

The December forecast for the 2023/24 core Discharge to Assess expenditure is an overspend against all available funding of £0.5m. Available funding includes £6.4m Adult Social Care Discharge Funding, £2.5m recurrent Better Care Fund, £4m additional capacity and £1.5m winter capacity. This funding totals £14.4m and the current 2023/24 forecast is £14.9m. The current year forecast includes £2m of costs from 2022/23 that were carried forward to the current year.

When viewed by area the current forecast is an overspend of £1.5m in North West Surrey and underspends in all other Places, against the per capita allocated Adult Social Care funding, additional capacity and winter capacity, and the Better Care Fund allocated in each Place. However, North West spend has begun to decrease to some extent in recent months.

Current utilisation of block home care is low at around 75% in quarter 3 of 2024/25. Care home blocks however have had much improved utilisation in recent months, and occupancy was over 90% on average in quarter 3.

Expenditure / funding category	East Surrey £000	Guildford & Waverley £000	North West Surrey £000	Surrey Downs £000	TOTAL £000
Total D2A forecast 2023/24	2,322	1,988	6,513	4,061	14,884
Discharge Fund ICB contribution	886	1,001	1,687	1,426	5,000
Discharge Fund SCC contribution	246	278	468	396	1,389
Recurrent BCF budget contribution	472	194	1,036	791	2,493
Additional Capacity 23/24	708	800	1,348	1,140	3,996
Winter Capacity	269	304	512	433	1,518
Total funding available	2,581	2,577	5,051	4,186	14,396
Cost pressure / (surplus) vs available funding 2023/24	-259	-589	1,461	-125	488

Guildford and Waverley Place

Discharge Models

One team approach :

- Agile models of Multi agency response that allows spot purchasing, utilisation of home based block care hours and additional rehab models
- Flexible approach to family support including Trusted Assessor roles, Care Home matrons, D2A assessment support and discharge liaison
- Integrated Neighbourhood teams work to provide wrap around support and care to complex care cohorts

Proactive

- Integrated Neighbourhood support
- Carers support
- Falls prevention
- Care Home support
- Proactive planning and support
- Virtual Wards
- Anticipatory Care
- Ageing Well
- High Intensity Users

Reactive

- Admission Avoidance Models of Care
- Virtual Wards
- Advice and Guidance
- Care Home Support
- Proactive clinical review processes
- Single team approach
- Care Coordination Centres

Workforce

Population Health

Community Engagement
and Partnership

Fuller Review –
Neighbourhood Teams

Clinical Models and
new pathways

Carers Support

Surrey Downs Place

Surrey Downs' INTs brings together primary care and community services to create truly integrated teams delivering personalised care to meet the needs of the local population and support people living as independently as possible.



Integrated leadership structure

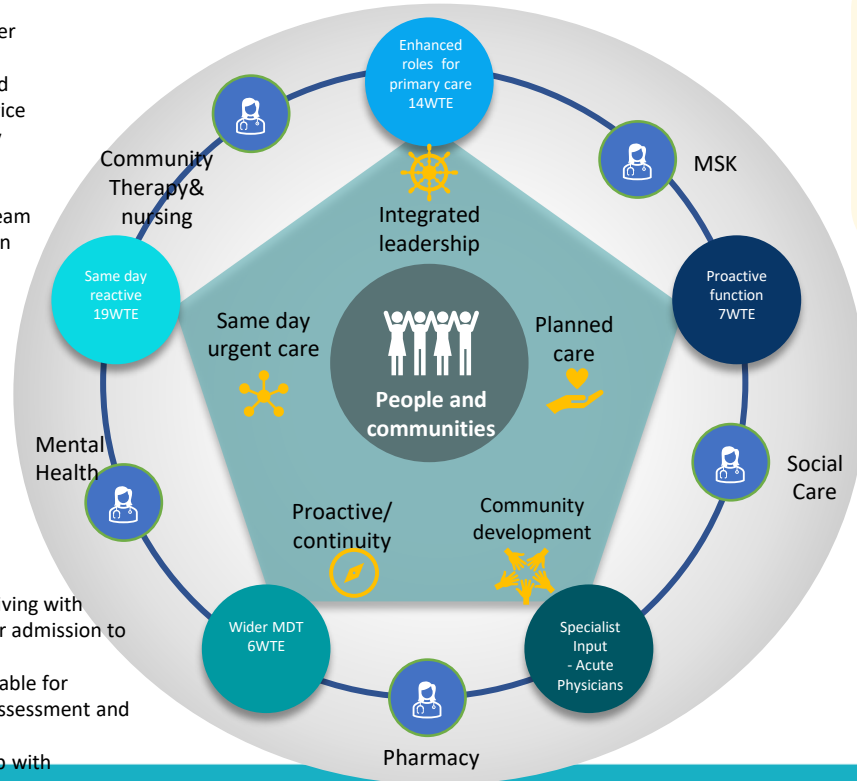
- Quadrumvirate leadership team consist of a Clinical Director, Lead GP, Operations Manager and Clinical (Nursing/Therapy) Lead.
- Leadership team manage Banstead integrated neighbourhood workforce, oversee local service delivery and play an active role in community development.
- Hold a devolved community service budget allowing them to shape the skill mix of the team to best meet the needs of the local population

Banstead same day urgent care

- Provide on the day support for patients at risk of admission or requiring urgent assessment in their place of residence.
- Consolidates GP home visiting, care home support and district nursing functions in to a single acute home visiting service interfacing with wider system UCR service.
- Roles funded from community, ARRS, acute budgets

Banstead Proactive & Continuity

- Provide proactive support to local residents living with complex needs and at risk of future decline or admission to hospital
- Utilises PHM tools to identify individuals suitable for support, provide care coordination, holistic assessment and personalised care planning
- Provides proactive frailty MDTs in partnership with Geriatricians / interface with virtual ward



Banstead Population

- **Population** - Banstead registered patients – 48000
- **Age profile** -Over 25% of residents >65, high number of care homes
- **Disease Prevalence** - Hypertension – 15.2%, Diabetes – 12.7%, Mental Health & Dementia 11.4%
- **Deprivation** – 1 of top 20 deprived wards in Surrey Heartlands



Community development

- Working partnership with citizens, voluntary orgs to develop and deliver community initiatives aimed at improving health and wellbeing of local population
- Include making Banstead dementia friendly, intergenerational community programmes - IMM, support initiatives for family and children
- Population health management used to support team understand local needs and schemes to support local people

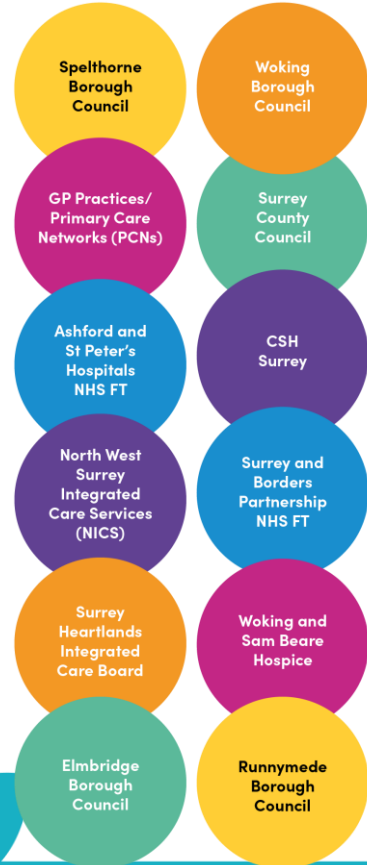


Planned care

- Streamlined end to end pathways have been developed between Primary care & acute allowing residents to be supported in the most appropriate place by the most appropriate team
- Approach has led to development of integrated pathways for Diabetes MSK and now Respiratory incorporating ARRS, community, acute roles into integrated service

North West Surrey Place

Who we are and why...



To achieve the total wellbeing of our community shifting our focus on health provision responding to sickness to prevention in the fullest sense.





Wider determinants of health

Our surroundings, education and skills, housing, the food we eat, money and resources, transport, family, friends and communities, employment

Integrated urgent care and hospital specialist provision

Unplanned care: ambulance service, Accidents & Emergencies

Same day urgent care: general practitioners, walk-in centre, urgent treatment centre

Planned care: specialist consultant

Borough wide services and Complex care

Specialist support in own community: paediatricians, psychiatrists, geriatricians, heart failure specialist, respiratory specialists, etc

Diagnostic pathways: Community diagnostic hubs

Community services: day centres, transport, meals on wheels, dementia services, befriending, handymen, etc

Individual supported in own community: Local neighbourhood team

General practitioners, Primary Care Networks, first contact physios, community pharmacists, opticians and dentists, social prescribers, health visiting, allied health professions, district nursing, community mental health practitioner, remote monitoring (health & care), community midwives, social care services and support

Individual supported in own home

Self-management supported by carers of long term conditions, health promotion, remote monitoring (health & care)

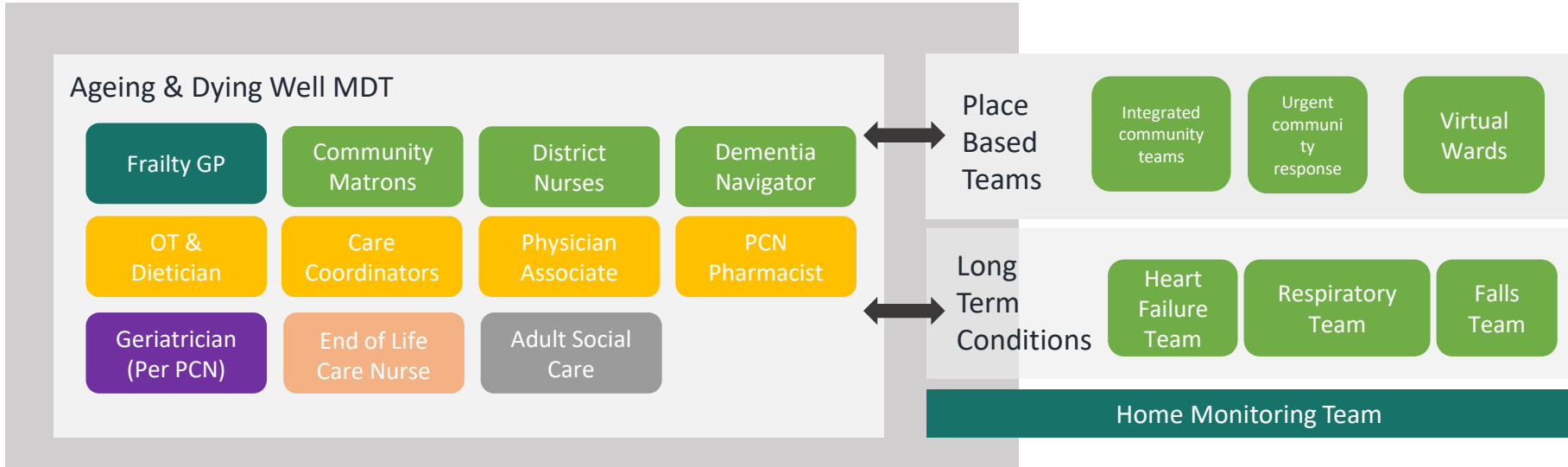


East Surrey Place

Integrated Neighbourhood Team



Page 144





Core Hub Team – identify as the Integrated Neighbourhood Team

Services / groups working only in that neighbourhood but across whole life course

Services working across East Surrey but with a named link to that neighbourhood

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